

STRATEGI PENINGKATAN KEDISIPLINAN ABK DALAM PENGUNAAN ALAT PELINDUNG DIRI PADA OPERASIONAL BONGKAR MUAT KMP. SWARNA PUTRI LINTAS BENGKALIS-SEI PAKNING

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Abstrak

Penelitian ini membahas rendahnya disiplin awak kapal dalam menggunakan Alat Pelindung Diri (APD) selama operasi bongkar muat KMP. Swarna Putri lintas Bengkalis–Sei Pakning. Masalah utama berfokus pada personel bagian geladak yang tidak konsisten memakai *safety helmet* dan *safety shoes*, sehingga meningkatkan risiko cedera fatal di area *car deck*. Penelitian deskriptif kualitatif ini dilaksanakan pada Maret hingga Juni 2026 melalui observasi, wawancara, dan dokumentasi untuk merumuskan strategi peningkatan disiplin yang efektif. Hasil penelitian menunjukkan bahwa tingkat kepatuhan ABK belum optimal akibat tekanan jadwal operasional yang padat, faktor ketidaknyamanan fisik APD, sifat meremehkan risiko, serta lemahnya pengawasan dan penegakan sanksi di lapangan. Dampak dari ketidakdisiplinan ini secara langsung meningkatkan risiko kecelakaan kerja fatal di area *car deck* serta berpotensi mengganggu kelancaran operasional kapal. Strategi efektif yang dirumuskan meliputi pelaksanaan *safety briefing* cepat 5 menit sebelum trip pertama, pengawasan oleh Mualim III di area deck, pelaksanaan safety meeting bulanan berbasis studi kasus nyata, serta penerapan kebijakan sanksi berjenjang yang tegas.

Kata kunci: Kedisiplinan, ABK, APD, Bongkar Muat

**STRATEGIES TO IMPROVE CREW DISCIPLINE IN THE USE
OF PERSONAL PROTECTIVE EQUIPMENT DURING
LOADING AND UNLOADING OPERATIONS ON KMPS.
SWARNA BENGKALIS – SEI PAKNING ROUTE**

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Abstract

This study addresses the lack of discipline among crew members regarding the use of Personal Protective Equipment (PPE) during loading and unloading operations on the KMP Swarna Putri (Bengkalis–Sei Pakning route). The primary issue centers on deck crew members inconsistently wearing safety helmets and safety shoes, thereby increasing the risk of fatal injuries on the car deck. Conducted between March and June 2026, this qualitative descriptive study utilized observation, interviews, and documentation to formulate effective strategies for improving compliance. The findings indicate that crew compliance levels are suboptimal due to the pressure of tight operational schedules, physical discomfort associated with the PPE, a tendency to underestimate risks, and inadequate supervision and enforcement of sanctions in the field. If left unaddressed, this lack of discipline could lead to workplace accidents that disrupt operations. Effective strategies formulated include conducting a quick five-minute safety briefing prior to the first trip, supervision of the deck area by the Third Officer, holding monthly safety meetings based on real-world case studies, and implementing a policy of firm, tiered sanctions.

Keywords: *Discipline, Crew, PPE, Loading and Unloading.*